

Note to the Driver

Welcome to InnerState1!

You'll travel **InnerState1** throughout your life. It is the most important highway in the world. It is YOUR highway. This program is designed to help you determine who you are and how you want to take this journey called Life. Why is it SO important that you map the road within yourself? ...Because it takes a lot more time and energy to get where you want to go if you don't have a map. In fact, you might not get there at all.

Coming to understand and love the person you are IS life's greatest adventure. You are unique and influential. Your thoughts, your words, your actions, and your work *shape* the world. Therefore, harnessing your power is extremely significant.

The 'world' does not always make this easy. There are magazine ads, television commercials, movies, songs, politicians, organizations, and corporations that paint different and confusing pictures about who you *should* be. There is little time to think for yourself as your family, your friends, your school load, and your additional responsibilities make demands on your time, your talents, your affection, your money, and your beliefs.

You are probably trying to figure out what YOU really want ... while trying to please everyone around you at the same time. This balancing act is tough. Right now you may be trying to please your parents or your boyfriend or your girlfriend or your teachers or your coaches or your friends or your boss... maybe each and every one of them. It can get very overwhelming. Sometimes you can get so caught up trying to be the '*someone*' that everyone wants you to be, that you end up feeling like '*no one*' inside.

You can be different. You can make life's journey more meaningful and more rewarding by taking time *right now* to identify WHO you are and HOW you want to show up every day of your life. You have the creativity and resources to 'map your road within'. By building a firm foundation where you know yourself well, you will be able to make a difference in the world through your unique set of gifts. You will be able to choose peace, success, and joy each day. This is the purpose of InnerState1. As you take this journey of self-discovery, come visit us on the web at www.innerstate1.com. We would love to get your feedback and your suggestions. Tell us how we can improve this program and become part of changing the future for others!

Thank you!
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Author

