

LifeSkillPrograms.com Online Courses

PEAK VISION: Online Life Purpose and Planning Course

ABOUT THIS HANDOUT: Use this handout to assign the free, online, interactive “Peak Vision” course, on helping youth develop purpose, direction, and a future plan. Peak Vision is always free, accessible from any Internet computer, and designed to help youth create a vision for their place in the world.

TO THE STUDENT: You have been instructed to complete a short online course about independent living, your future education, income, career, and lifestyle, and finding your purpose in life. The course is free, and will take about 5 hours to complete. You can do it all once, or a little at a time.

To get your free password:

1. Go to <http://lifeskillprograms.com/get-peak-vision/>
2. Fill out the simple form and click Submit.
3. You’ll immediately get your password by email.
4. Login with the password, and follow the instructions.
5. When you’re done, print the Certificate of Completion and turn it in.

Here’s a summary of the modules you’ll complete online:

1. **Who Am I, Really? What are my skills, interests, values, preferences, and personality?** *Discover what I’m made of, what matters to me, how I relate to the world.*
2. **How will I apply my unique capabilities in the world, to be useful, satisfied, and successful?** *Map who I am to the real needs of real people in the real world, in ways that I can get excited about and find a purpose for my life.*
3. **What are my financial needs and preferences, and how do I ensure I meet and exceed them?** *Consider all the necessary economic factors of a real life and determine how they fit with my dreams of success.*
4. **How does the real world work? What happens if I graduate or not, or go to college or not?** *Explore several scenarios of what it means to be on my own and make it work.*
5. **How will I connect the dots on all the key elements of a successful, productive, satisfying independent life?** *Connect education, career, income, expenses, and lifestyle to my goals now and in the future.*

When you’re done, you’ll print a “Certificate of Completion” to demonstrate that you’ve completed the Course.

If you need help, call toll free 866.471.4285 or email admin@lifeskillprograms.com.
