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## ***PEAK CHOICES Jail Visit Discussion Guide***

Do each of the three steps in this process (see Peak Choices Guidelines document for more details):

1. **Fill in all the answers below, as completely and honestly as you can.**
2. **Sit and discuss your answers with a trusted peer partner or an adult counselor or sponsor; write any additional discoveries, thoughts or feelings on the printed form.**
3. **Share your answers in a group format, moderated by a counselor, instructor, or other adult sponsor. Again, write any additional discoveries, thoughts or feelings on the printed form**

With comments, suggestions, and feedback from the one-on-one discussion and from the group discussion, go back to your answers below and update them.

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**Answer the questions below about your jail visit.**

**Why did you have to do a jail visit?**

**Describe IN DETAIL what it was like:**

**What was the biggest surprise?**

**What would be the hardest thing for YOU about being in jail and why?**

**Why do people go to jail or other types of incarceration?**

**Think of three things that are important to you, that you would give up if you went to jail:**

**1:**

**2:**

**3:**

**How did this visit change your attitude, and will it change your future choices?**



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